

SCARBORO

N e w s l e t t e r

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In the November edition of the *Scarboro News*, I told you about the launch of www.3ThingsForCalgary.ca. I am happy to report that I have a few ideas! With the help of Sunalta School's Principal, Kel Connelly, and neighbour, Trish Williams, the 3Things Campaign will be introduced to the students, staff and volunteers at Sunalta School. In January we will screen the short video from the 3Things website and brainstorm about ideas for our school and our community.

My second idea is to find a way to welcome new families to Scarborough. This idea will be discussed at the Community Association meeting on January 10, 2012 at 7:30 p.m. If you are new to, or a veteran of, the neighbourhood we welcome contributions to this idea or anything else you read in the *Scarboro News*. Happy Holidays and all the best for the New Year! - KM

ps: The next newsletter will be distributed in February 2012.

Submissions for the February newsletter should be emailed to kate.scarboro@sham.ca or dropped off at 114 Scarborough Ave (mailbox at side door) by January 20, 2012. Notices are free and small advertisements are \$50, cheques are to be made payable to the Scarborough Community Association and sent to the above address.

SCA Notes



Please note that the 18th street hill and 15th avenue hills are BOTH designated snow routes. They cover the legal entrance to/egress points from Scarborough and have been treacherous in years past. A **snow event** will be declared when

5 cm or more of snow falls in our City. I ask you to be mindful of the new snow route designations and keep yourselves informed by visiting the City website and typing in "snow routes". You can also **register for snow parking ban email alerts** on the same web page.

The SCA executive will be considering a Phase Two upgrade to the hall. The concept includes an extended covering of the south entrance, a deck, storage, air conditioning and improved pathway access. We invite your comments.

It's almost Christmas and our thoughts turn once again to family and friends. Snow angels have been out shoveling neighbors' walks and the decorations are going up. From the board of the SCA we wish you a warm and enjoyable Christmas and a healthy and happy New Year.

All the best of the holiday season!

- Rob Stirling, President

West LRT Project – Construction Update

The West LRT project has completed another successful year of construction. Over the summer and the fall crews were able to make many of the necessary road work adjustments.

One of this year's major achievements was the completion of the elevated guideway. In May 2011, just 10 months after construction began, the 1.5 kilometre elevated guideway has changed the landscape of the city and represents the success of Calgary as a city on the horizon.

Other highlights from 2011 include the opening of the Sarcee Trail/17 Avenue S.W. Interchange, plus major advances on all six LRT stations. Crews also finished the two LRT tunnels, and the trenched section of the alignment between 38 Street and 45 Street S.W. To have a look at the past year of the West LRT project visit our Videos and Photos web page on westlrt.ca.

Looking into 2012 the focus will now turn to station, track, and power construction over the winter months.

For weekly e-mail updates on traffic impacts, sign up to receive Traffic Alerts at westlrt.ca. For updates on Calgary Transit bus route detours and bus stop relocations during West LRT construction, please visit calgarytransit.com

- Thomas McComish, West LRT

COMMUNITY NEWS

- **HOUSE FOR SALE in Scarborough.** Story and a half, main floor and upstairs recently renovated. Reasonably priced, available February. Contact: Judy at 403-244-0507
- **PLEASE CONSIDER** your neighbours before using extension cords that cross your sidewalk to plug in your car in the winter. Ground cords are like snow-snakes for early morning and evening walkers - our sidewalks are not lit well enough to see those cords in the dark. They are a great tripping hazard. City Bylaws, under Street Bylaw 20M88, prohibit the use of obstructive materials, including extension cords, on City sidewalks and Bylaw Services WILL respond to complaints. Many thanks to our thoughtful neighbours who in winter do use posts or tree branches to lift their extension cords well above head level.
- **FAREWELL** to the Pajot-Phipps family.
- **Older Scarborough Home for sale.** 2400 ft main and upper level (1 1/2 story), 1000 ft developed basement. Recent renovations throughout. Immediate possession. Call Cam at 403-244-7204.
- **VOLUNTEER** for your community! Deliver the Scarborough News. Call Trish for details: 403-466-2052
- **FAREWELL** to the Graham family.
- **WELCOME** to Kristi & Brendan Nelson and their daughter Eva.
- Long residing Scarborough residents need someone to **SHOVEL SNOW** this Winter. Please reply to Bill or Kathe at 403-245-1964.
- The **Wildflower Arts Centre** is in need of some materials: Yogurt and margarine containers (stackable); newspapers (no flyers); clean styrofoam food trays; styrofoam egg cartons; clean 4L milk and juice cartons. Drop off to 3363 Spruce Dr. SW or call (403) 249-3773
- **PILATES** in your community! End your Thursdays on a healthy note at the Scarborough Community Hall with an invigorating blend of pilates, toning and stretching exercises. From 9 until 10 pm, learn effective and efficient techniques to tone your body (and have fun too). Classes run January 12 – March 22 (no class Feb. 16). Fee \$60 per person. BYO mat and water. For information or to sign up, e-mail Erika at ringseis@shaw.ca or call 403-239-3931.
- **BIG BROTHERS BIG SISTERS** need volunteers. Check out www.bbbscalgary.com for details.
- The City will once again pick up **CHRISTMAS TREES** with City residential garbage collection. Place your tree on the ground near your black cart by 7 a.m. on **Monday Jan. 9, 2012**. It will be picked up within two weeks. 36000 trees were recycled last year!

More Snow Route Information

Overnight parking bans will be in effect in the downtown core and Business Revitalization Zones

- o While most Snow Route parking bans will be in effect for 72 hours when a Snow Event is declared by The City, some high density business areas will only have an overnight ban to accommodate parking during regular business hours.
- o Specific Snow Routes located in downtown or in business revitalization zones (BRZ) will be in effect from 9 p.m. to 6 a.m. when The City declares a parking ban.

Free overnight parking in City-owned lots

- o The Calgary Parking Authority will offer free overnight parking from 9 p.m. to 6 a.m. in all their lots when Snow Route parking bans are in effect. Lot locations can be found on the CPA website.

SCA COMMUNITY MEMBERSHIP



THANK YOU! to the following neighbours for volunteering as canvassers in October's SCA membership canvass: **Kaylyn Berg, Charlene Dunn, Liz Bedford, Michael Gallant, Nadine Rippon, Erika Ringseis, Marnie Vitthal, Rob Stirling, Brock Bohonos, Kathy Nunn-Prokop, Heather Roskey, Lori Hill, Sheena Dennis, Denyse Fair, Trish Williams, Glori-Jeanne Stephenson, Nancy Copping, Sharon Nettleton, Sue McCrank, Nadia McInerney and Aldona Harnett.** Some of these volunteers have been canvassing for years and others responded to an email request from a stranger to take on a route. **All their work is very much appreciated.**

If you were not home when your canvasser visited, you can still purchase a membership by returning the form left for you with a cheque to April Grosse at 331 Scarborough Avenue.

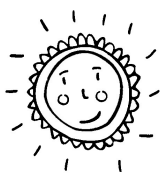
Scarboro Book Clubs



- Chapters 1 - *The Best Laid Plans* - Terry Fallis
- Chapter 2 - *Major Pettigrew's Last Stand* - Helen Simonson
- Chapter 3 - *The Art of Racing in the Rain* - Garth Stein
- Chapter 4 - *Conversation* - Theodore Zeldin
- Chapter 5 - *Waiting for Columbus* - Thomas Trofimuk
- Chapter 6 - *The Barrack's Thief* - Tobias Wolf
- Chapter 7 - *To Kill a Mocking Bird* - Harper Lee

SUNALTA SCHOOL

Sunalta School held its annual Remembrance Day assembly on November 10. We are very appreciative of Scarboro community resident Mr. Colin Ross who gave his time and talent to be our “piper” for the ceremony.



A focus for our school at this time of year turns to the festive season. Mrs. Nail is hard at work with our kindergarten and grades 1, 2, and 3 students in preparing our annual Christmas concert. The concert is scheduled for Wednesday, December 14 with performances at 2 pm and 7 pm. I invite community residents to join us for a delightful performance. Another proud Sunalta tradition, “Carols by Candlelight,” will continue again this Christmas season. Residents of the community are invited to join us on Wednesday, December 21 at 1 pm or Thursday, December 22 at 11 am for Christmas carols and a festive slide show.

Our school will also continue its tradition of participating in the Warm Feet for the Street Project run by the Mustard Seed Ministry. This program provides homeless individuals with a pair of woolen socks stuffed with personal care items like toothpaste, tic tacs, lip balm and skin cream. If there are residents outside the school community who would like to contribute to this cause, they may donate to the school beginning December 1. Thank you to Scarboro community resident Mrs. Dian Fournier for the time and effort she has invested into organizing our participation in this project.

Sunalta School will be looking for opportunities over the course of the winter to participate in Mayor Nenshi’s “Three Things for Calgary.” We will be working with our students to develop an array of citizenship opportunities within the context of the Mayor’s community building initiative. I encourage community residents to contact me if they have some ideas as to projects and activities that our students can undertake to contribute towards community building for Scarboro.

Wishing all a wonderful Holiday Season and a Happy New Year!
Kel Connelly Principal (403) 777-8590 kjconnelly@cbe.ab.ca

The Scarboro Garden Scene – Book review

The recently released *Edible Plants for Prairie Gardens* by June Flanagan is a “must read” for both gardeners and chefs. Ms. Flanagan, who lives and gardens in Lethbridge, also wrote *Native Plants for Prairie Gardens*: she integrates her strong botanical background with her local experience and draws on over fifty cited references to provide us with a wealth of information. Her 240 page book is packed with valuable information on what to do, why, and when to do it. Sub-titled “The Best Fruits, Vegetables and Herbs”, the book has three parts.



Planning, planting, growing and harvesting form the first section. The later chapters deal with plants for the seasonal garden, and plants for the permanent garden.

The division into, firstly, the seasonal garden – annual vegetables and herbs, and, secondly, the permanent garden – perennial vegetables and herbs, fruiting shrubs and fruit trees, brings a new perspective to our world. We read sometimes about growing conditions for cool season and warm season grasses - approximately 25° C differentiates the two - but I don’t think I have come across this emphasis in relation to most edible plants: it ensures we examine gardening with this refreshing viewpoint, using, in part, other plant indicators to aid our timing decisions.

The photographs are captivating ... often mouth-watering ... those raspberries and strawberries ! There’s much in this book for both novice and experienced prairie gardeners. Many of us know how to grow things, but can learn a lot about optimizing our harvest with June’s advice on pollination, seed collection, division, etc. The individual plant descriptions, arranged by common names, contain warnings about which plants need special care here.

June Flanagan writes knowledgably on pests and diseases, on good and bad “bugs”, soil conditions and on pruning. As a Prairie gardener she has written with a deep understanding of our arid and extreme climate rarely demonstrated in Canadian gardening books: the result is an informative, balanced and enjoyable book.

- **Glynn Wright.**

News from our Extended Community : UNA Pizza + Wine

Thank you to all who provided comments and suggestions about this column. Thank you to Tara Wilson and others for taking on reviews.

If you have found a gem in our area, feel free to review it for our newsletter! - KM

Una Pizza is, as described by its owners, “a neighborhood restaurant serving Mediterranean influenced cuisine with an emphasis on thin crust, fresh topped pizzas and wine. No rules, anything goes”. Conceived by partners Kelly Black, Jayme MacFayden and “Pizza” Steve Smee, it has a small dining area that fills the front, while bar seating and a long banquettes parallel the open kitchen. This little eatery is cosy and comfortable and the food is fantastic! My favorite at the moment is the mushroom pizza with arugula and truffle oil coupled with a glass of the house rose! I highly recommend it – the service is friendly and quick. Una doesn’t take reservations but you can enjoy a glass of wine while you wait - and their waiting times are posted on line: unapizzeria.com

Find Una at 618 17th Ave SW– where the Wicked Wedge used to be. - **Tara Wilson**

CALHOUN LIBRARY NEWS

Look for Calgary Public Library's winter program guide in the middle of December.

Registration dates for winter programs are:

Adult Programs - Dec 19; Children's Regular Programs – Dec 20; Parent-Child Mother Goose – January 3; Family Storytime – January 4; Baby Bookworms – February 28 Register online at calgarypubliclibrary.com, by phone at 403-260-2620, or in person at any branch. All participants must have a valid library card at the time of registration.

New programs being offered in the New Year include:

Read, Sing, and Play!"Grow a Reader" and celebrate Family Literacy Day with interactive stories, songs, and rhymes that will be fun for all. Ages 2 to 5 with a parent/caregiver. Friday, Jan 27 10:15 - 10:45 a.m.

My First Parent-Child Mother Goose Calling all first time parents! Learn lullabies, quieting rhymes, tickles, and gentle bounces to share with your newborn. Ages 3 to 6 months with a parent/caregiver. Tuesdays, Jan 17 to Mar 06 10:15 - 11:15 a.m.

Animal Potpourri Puppet Show

Join Gail Gregory of Tales, Tunes, and Puppetry for a puppet show featuring fun folk tales and stories about some of your favourite animals. Tuesdays, Jan 17 to Mar 06 10:15 - 11:15 a.m.

Digital Detox Day: Get Hooked on Knitting

Master knitter Jani Meyers teaches the very beginner skills of this historical handicraft. Topics include: using needles, fibres and patterns, and online research and shopping. Please bring \$15 for supplies.

Sunday, Feb 12 12:30 - 3:30 p.m.

Climbing Kilimanjaro on the Marangu Route

Join Jorlene Thiessen for a talk and slideshow about her experience climbing the highest mountain in Africa.

Monday, Feb 27 7:00 - 8:30 p.m.

NOTES from Alderman Mar

Calgary Seniors' Resource Society is relying on the generosity of Calgarians to **adopt a grandparent** and bring joy to those less fortunate this Christmas. Looking for a unique activity to share with family, friends or colleagues? Let's all play our part in getting the message out, it is a wonderful opportunity to assist a senior.

Seniors experiencing social isolation are at greater risk of injury, malnutrition, fraud, abuse and depression. The Adopt a Grandparent campaign is not limited to only providing gifts and food to disadvantaged seniors but also offers social support and companionship. Both very important elements at this very special time of year. Calgary Seniors' Resource Society also provides free programs and services throughout the year, such as rides to medical appointments, assistance with forms and applications; this helps to connect seniors living at risk with community resources.

The \$100 person "adoption fee" will be used to purchase a stocking filled with goodies, which will be personally delivered by volunteers who will stay and visit with the seniors. Donors are also encouraged to participate by giving of their time by volunteering to deliver stockings and visit seniors from December 6th through December 21st

Calgary Seniors' Resource Society is a registered charitable organization and a tax receipt will be issued for all Adopt a Grandparent donations. There are three easy ways to donate to a senior in need:

- Mail your donation – 3639 – 26 St NE, Calgary, AB T1Y 5E1
- Visit their website at www.calgaryseniors.org
- Call their office at 403-266-6200

If I can be of assistance on any matter of a civic nature, please do not hesitate to contact my office by phone (403) 268-2430, fax (403) 269-3823 or at www.calgary.ca/alderman/ward8.

With warmest wishes for a joyful and safe holiday season!

John Mar, Alderman, Ward 8

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kate.scarboro@sham.ca

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--ESTABLISHED IN 1934 --