



STANDING UP FOR SCARBORO

David Gates, President, Scarboro Community Association

These are busy days at the Scarboro Community Association. Busier days lie ahead as we Stand up for Scarboro in the fast-paced world of city planning. As you know, our community is one of 16 communities participating in the development of the West Elbow Area Local Plan (WELAP). I am delighted to announce that Tarra Drevet, a long-standing community leader, has kindly agreed to take over as the community representative on the working group attached to this initiative. Tarra replaces our good friend, the late Brent Fraser, and takes on this role in addition to being one of the city-appointed representatives on the Heritage Working Group.

In addition to our active participation on the WELAP initiative, the SCA has been very active in responding to the City's housing strategy that seeks to increase the supply of affordable housing. The city's plan for blanket rezoning is more fully outlined elsewhere in this edition of the newsletter. A companion article offers a backgrounder on the current planning regime in place in Calgary, and the role played by our own Planning Committee. I am indebted to Tarra, Karin Gashus and Pete Dennis for their collaboration in the preparation of these informative articles. These articles, together with upcoming articles on the city's planned use of Historical Guidelines, and an information piece relating to the Anderson Caveat, are part of the Board's strategy to keep you informed of this evolving planning "puzzle".

Standing up for Scarboro is a guiding principle informing our involvement in these various planning initiatives. Scarboro is an internationally recognized heritage community that requires our active and enthusiastic support. All of the residents of this community have a shared responsibilities as stewards of this historic cultural landscape to protect and preserve it for the benefit of generations to come.

Here are a few of the actions that the Board has taken over the past short while to Stand up for Scarboro:

- On March 13th, I sent a letter to Mayor Gondek and members of City Council expressing our community's support for Councillor McLean's motion calling for a city-wide plebiscite on the blanket rezoning initiative.
- On March 18, 2024, the Board voted unanimously to join with 30 other community associations who oppose blanket rezoning.
- On March 20, 2024, I joined with representatives from other community associations at a public meeting organized by the Mount Royal Community Association to discuss ways to bring our shared concerns to the attention of the City.

I also want to share with you a preview of the timelines that lie ahead in relation to these planning exercises.

At the end of April, I will be sharing with you, via e-mail, our written submissions to the City with respect to the heritage guidelines that we wish to see in place for our community. Prior to sending to the City, our submissions will be reviewed by the Community Advisory Group struced to support the work of Tarra & Karin on the two WELAP Working Groups described above. This advisory group is led by Andrew Azmudeh and consists of Jessie Sloan, Norval Horner, Lora Wyman, Harvey Bernbaum, Jonathan Schofield & Parth Somani. The submissions will require Board review & approval.

We anticipate the City will release the draft Historical Guidelines that applies to our community in late May. A meeting will be held at the Scarboro Community Hall on June 24th to brief you on these draft Guidelines and explain how they will likely impact our community. We will also use this public meeting to seek your views on how we should best respond to these draft Guidelines. Our written reply submissions will be formulated during June and possibly early July, again with community input and Board approval. The final Historic Guidelines are expected to be released by the City in September. Further community-wide communication will be required at that time.

Providing your comments and ideas during this process gives you an opportunity to stand up for Scarboro. I urge you to reach out to me, Tarra, Karin or the members of the Community Advisory Committee with your comments and ideas to help us create a compelling story about the historical attributes of our community.

In other news, we have a casino on June 7th & 8th at the River Elbow Casino. Thank you to Peter Strickland for organizing the large pool of required volunteers. Revenue from the casino is an important source of funding for the SCA. I urge you to think of your participation in this fund-raising event as a way that you can Stand up for Scarboro!

Finally, I invite you to attend the annual Scarboro BBQ on Saturday June 15th at the Community Hall. This year's BBQ planning is still in progress, but our hope is that all members of tthe community will come together to meet their neighbours, new and old alike, and to celebrate our shared sense of belonging and attachment to the community. It's just another way we can all Stand Up for Scarboro.

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Bicycle Helmet Safety



Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. It is the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent significant injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride need to wear helmets;
- Parents can lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To assess the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.

www.albertahealthservices.ca

Scarboro Art Camps Scarboro Community Center

1737 14 Ave. S.W.

9:30 a.m. – 4:30 p.m.

July 15 – 19 ; 22 – 26, 2024 ; August 6 – 9, 2024

vania.h.atanasova@gmail.com



The Super Scarboro Summer Camp

AUGUST
12-16

Registration
\$150

FUN & CREATIVE
ACTIVITIES FOR AGES 4-11

9:30am-2:30pm
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Neighborhood Park

Contact us for more information or to register
403-975-6001
carleydoeringseis@gmail.com

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NEWSLETTER SUBMISSION DEADLINE

Please email all newsletter submissions to ScarboroNewsletter@gmail.com by April 20th

EVERYTHING YOU WANT TO KNOW ABOUT THE PLANNING COMMITTEE

Pete Dennis, Chair, SCA Planning Committee & Tarra Drevet, SCA Representative, West Elbow Local Area Plan Working Group

The Scarborough Planning Committee is comprised of volunteers from our community. It was created by the SCA Board of Directors and is fully accountable to the Board.

The primary functions of the Scarborough Planning Committee include:

- To serve as a conduit and maintain a relationship between the City of Calgary Planning Department and the residents of Scarborough. This includes informing Scarborough residents of any intended development within our community.
- To facilitate community discussions, solicit and compile feedback and to inform the City of Calgary Planning Department of affected neighbours' concerns and questions.
- To inform new homeowners/developers and to help enforce the provisions of the Anderson Caveat.

The City of Calgary's Land Use By-Law (IP2007), organizes the city into different districts or zones, each with its own set of rules about what kind of buildings can be built there and how they can be used. Some zones are for residential areas, while others are for commercial or industrial use. When new building or development requests are made, a Development Permit (DP) is obtained. The DP process is a way for the City to review proposed construction or development projects to ensure they meet the rules set out the Land Use Bylaw. This includes new home construction, external modifications to existing homes, installation of additional structures, etc.

DPs fall into 2 categories; contextual and discretionary. A contextual permit satisfies all relevant City bylaw requirements. A contextual permit is not reviewable by the community and is assured approval by the Planning Department. Discretionary permits do not satisfy all bylaw requirements and thus require a relaxation or concession to be made by the City. On these occasions, community feedback is welcomed by the City's Planning Department. One of the roles of the Scarborough Planning Committee is to inform affected neighbours of any discretionary permit requests.

The Scarborough Planning Committee also helps to educate new developers and homeowners while also enforcing the provisions of the George Anderson Caveat. The Caveat was drafted in 1911 when Scarborough was created as a Calgary subdivision. The Caveat is registered on title to most of the properties in Scarborough. The Board has very recently hired a lawyer to provide a legal opinion on the scope and enforceability of the Caveat. Once that opinion has been received and analyzed, a future newsletter article will be devoted to sharing that opinion with you.

Outside of concerns related to the Anderson Caveat, the Scarborough Planning Committee does not adopt an active stance or position on any intended development. The Committee's role is to facilitate conversation with surrounding neighbours, to solicit feedback and to direct comments back to the City's Planning Department for its consideration. The Scarborough Planning Committee does not have the ability to halt or change any new development. The Planning Committee's role is to facilitate dialogue between affected neighbours and to foster 2-way communication between the City Planning Department and concerned residents.

The SCA Planning Committee receives notification from the City for new "discretionary" development permit applications that affect our community. Typically, the Planning Committee has a few weeks to respond to an application. During the time, we work to:

- Inform landowners near the property who may be affected by the application;
- Provide information about changes proposed.
- Facilitate discussions between property owner(s) and affected neighbour(s);
- Take note of feedback given by residents about the proposed changes;
- Circulate feedback among meeting participants (for additional edits and comments);
- Send community feedback to the City.

Neighbours' comments may or may not be acted upon depending on whether valid planning reasons are cited that warrant a change to the plans. Other considerations may apply. Meetings facilitated by the Planning Committee enable residents to voice their concerns, seek concessions and, hopefully, come to agreement on the changes proposed.



Renovating or Developing Your Property?

If you are planning a development or aware of one being proposed in the neighbourhood, we encourage you to reach out to the SCA Planning Committee for guidance & assistance

Planning@ScarboroCommunity.com



PROPOSED BLANKET REZONING IN THE CITY OF CALGARY



Pete Dennis, Chair, SCA Planning Committee & Tarra Drevet, SCA Representative, West Elbow Local Area Plan Working Group

What's happening?

In September 2023, Calgary City Council approved the "Home is Here: The City of Calgary's Housing Strategy 2024-2030. Within this approval, City Council directed the Administration to implement the following actions to increase the supply of housing and to increase housing affordability.

- Rezone to a new base residential district (zone), R-CG
- Rezone to H-GO in approved Local Area Plans where appropriate
- Allow both a secondary suite and a backyard suite on the same property
- Remove parking requirements for backyard suites
- Add Contextual Single-Detached Dwelling to R-CG, to ensure development rights are maintained

Properties that currently only allow single or semi-detached homes would be rezoned to R-CG, R-G or H-GO. This would allow for a wider range of building types in residential communities, including single-detached, semi-detached, row houses and townhouses.

If they choose to do so, property owners can maintain single-detached homes and they have the option to replace their current home with a new, single-detached home. However, other building forms (R-CG, R-G, or H-GO) would also be permitted, as described above.

A landowner will still be required to apply for (re)development and building permits, as is the case under the current regime.

The proposed rezoning to R-CG, R-G, and H-GO will include existing parks and green spaces. While parks are being proposed for rezoning, this does not mean that they are being proposed for development. The City says that they will remain park spaces even if they are rezoned.

Changes in zoning will require City Council approval. A public hearing date has been set for April 22, 2024. On this date, Administration will present a recommended approach to citywide rezoning to Council.

What does this mean for Scarboro?

Scarboro community is currently zoned as R-C1 (single detached dwellings). If the proposed changes to zoning are passed, the community of Scarboro will be rezoned to R-CG. R-CG is a residential designation that is primarily for row houses but also allows for single detached, side-by-side and duplex homes that may also include a secondary suite.

While most of Scarboro lots fall under the Anderson Caveat (allowing for single family residences only), it is yet unclear how changes in zoning will affect the enforceability of the Anderson Caveat, if at all. The Board has retained legal counsel to provide an opinion on the scope and enforceability of the Anderson Caveat. A legal opinion is expected by the end of March 2024. A summary and analysis of the legal opinion will be shared with Scarboro residents in a future edition of the newsletter.

What can you do?

Speak up and let your views be known. Visit engage.calgary.ca to learn more about the rezoning initiative.

You can write directly to Council using the public submission form. Comments must be submitted by noon on April 15th to be published and shared with all members of Council. [<https://forms.calgary.ca/content/forms/af/public/public/public-submission-to-city-clerks.html>].

You can also register to speak at Council's public hearing on April 22. Visit [Ccalgary.ca/publichearing](https://www.calgary.ca/publichearing) to learn more.



RENT Scarboro Community Hall for Your Next Event!

Our hall, kitchen and boardroom are available for all your special event needs:

Birthday Parties , Anniversary Celebrations, Business Meetings, Christmas Parties, Clubs & more!

For more information visit www.scarborocommunity.com/hallrental

For bookings please email scahallrentals@gmail.com



CARDIO KLATCH

Seniors are welcome to join the FREE community fitness class on Mondays at 2:40 pm. Seated, standing and floor exercises are used to build strength, mobility and endurance.

Email doeringseis@outlook.com for more information

KOFFEE KLASCH

The next seniors' Koffee is June 12th. Mark your calendars and look out for your invitations in your mailbox.

If you would like to join us, please text or call Kate (403) 680-0592



EARTH DAY

The theme for Earth Hour 2024, "Uniting for Our One Shared Home" emphasises the interconnectedness of all inhabitants of Earth and the shared responsibility to protect our natural world.

	1		6		9		3	
		7		5		4		
1	7		8		4		6	9
8								4
4	2		5		1		8	3
		6		9		1		
	5		7		8		9	

SUDOKU

Sudoku is a logic-based, combinatorial number-placement puzzle. In classic Sudoku, the objective is to fill a 9 x 9 grid with digits so that each column, each row, and each of the nine 3 x 3 subgrids that compose the grid contains all of the digits from 1 to 9

If you are new to Sudoku, try the one below first (contains numbers 1-4 only).

3			1
4			2
	3	1	
	4	2	



APRIL BOOK CLUB

- Chapter One "The Only Woman in the Room" - Marie Benedict
- Chapter Two "Still Life" - Sarah Winman
- Chapter Three. "Five Little Indians" - Michelle Good
- Chapter Four "The Mercies" - Kieran Milwood Hargrave
- Chapter Five "Letting Go" - David Hawkins
- Chapter Six "Lessons in Chemistry" - Bonnie Garmus
- Chapter Seven "Compass" - Murray Lee

CALGARY'S URBAN TREE CANOPY: STATUS & CHALLENGES

Glynn Wright

Trees grow best in suitable microclimates with ample water. Humans benefit from abundant tree cover: with forethought we can find the right place to plant trees in an urban setting ... but trees only thrive in our short grass prairies if additional water is provided.

Urban trees provide important environmental, social, and aesthetic benefits: buildings and hard surfaces absorb solar radiation, causing an increase in air temperature, but trees have the opposite effect by cooling the air, having a positive economic benefit in summer: healthy trees also reduce particulate pollution. Trees thrive within Calgary in two situations ... on stream and river flood plains, like Fish Creek Park and the Elbow River Valley, and on steep-sloped and shady, north-facing hillsides like the Douglas Fir Trail in Edworthy Park.

Tree choice: the City of Calgary provides us with information on desirable trees. A City on-line resource suggests twenty-five trees, many of which provide shade, blossom, and fruit, including the Ohio Buckeye, Dropmore Linden, Hawthorn, Princess Kay Plum, and the Japanese Tree Lilac. Native (or "almost native" like the Blue Spruce) should be used where possible, although the need to restrict water use will mean identifying trees that are more drought tolerant in future.

The Mayday tree is a good example of an attractive shade-providing tree, although no tree is perfect: the tree is too big for small lots! Statistically, the bigger the lot, the more likely it is to include trees with broad canopies and those properties sequester and store carbon. Calgary has less canopy cover than other cities and the City of Calgary had plans in 2022 to expand our tree canopy cover from 8.25% to 16% but recently changed that target to 9%, by 2026. Between 1976 and 2005, Calgary had 1440 annual growing-degree days, while Saskatoon and Regina had 1719 and 1744, respectively; we have less choice of robust trees and therefore must devise ways to better utilize and retain water resources to maintain our tree canopy.

The UN's food and agriculture organization has clearly expressed the benefits of the presence of urban trees, as have Canadian governments. In January 2023, an agreement between the Governments of Canada and Alberta confirmed their partnership in the 2 Billion Trees program to expand Canada's forest canopy cover, and the focus and principles are consistent with good arboriculture, but urban forests get little focus. Paraphrasing a 2023 article by James Steenberg et al, 'A national assessment of urban forest carbon storage and sequestration in Canada', capturing carbon dioxide will help Canada's climate mitigation efforts and will benefit approximately 83% of the Canadian population. Natural forest and urban trees make up an important part of the woody biomass in Canada: the national government's "2 BT" by 2030 program is directing financial aid to increase carbon sequestration and capture: seems like a good step.

We must promote increasing our healthy tree canopy to mitigate climate change by finding the most suitable locations with a balanced, informed, and long-term perspective.



Mature Mayday with canopy reaching a radius of 10 m
Photo by Glynn Wright



Griffith Woods, a riparian environment with a mix of trees
Photo by Sarah Hutchison



Scarboro Community Preschool Spots Available: Age 4 & 5

Scarboro Preschool is looking for 4 and 5 year olds who want to explore, play and learn in a nurturing, dynamic and caring classroom. You can chose between the 3 day a week morning class, Monday, Wednesday and Fridays from 9:00am-11:30am or the 4 day a week afternoon class, Monday to Thursdays from 1:00pm-3:15pm. If you are 5 and attending morning Kindergarten class you can register in the afternoon class, providing additional learning opportunities and social interactions.

For more information about our program, registration details, or any other inquiries, please visit our website or reach out to our Program Director, Jodi Durant. She will be happy to assist you and provide you with all the information you need to join our vibrant preschool community.

Jodi Durant, at 403-560-4881
www.scarboropreschool.com

If you are 3 you can call to be added to our wait list. Currently the class is full for the 2024-2025 preschool year.



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SCARBORO HISTORY: MARC BEEGER

Kate Morisset



Photo: Living in Scarborough great for generations

Marc Beeger was born in England in 1949 and has lived for most of the last 60 years on Scarborough Avenue. As both his parents, John and Hanna Beeger, fought for the Allies during WW2, they were offered free passage to any Commonwealth country and chose to resettle in Canada. Marc's father was a business person and photographer and his mother was in the Warsaw Uprising as part of the Polish Resistance (Armia Krajowa) (interesting to note that she was featured in a Glenbow Exhibit entitled Women of War a few decades ago).

As John Beeger worked for the CPR, the family spent some time in the Yoho-Lake Louise area before settling in Calgary. In the late 1950s, Marc's Polish grand-father came to visit Calgary, initially for a visit and then relocating permanently. Together, Marc's grandfather and parents bought Buy-Rite grocery store in what is now Analog Coffee on 17th Avenue. (Next time you are

there, look for the original Buy-Rite sign). In the back of the store (in what is now Beatles), they opened Mona Lisa Artists' Materials which continues to operate to this day next to its original location. Mona Lisa is now in its fourth generation of a family run store, as Jennifer Beeger is the General Manager.

Marc's parents bought 304 Scarborough Avenue in 1959. At 10 years old, Marc attended Sacred Heart School (when it went to grade 9), Saint Mary's High School and the University of Calgary. In his youth, Marc trained racing pigeons from home having as many as 70 birds at one time. "These are not your regular pigeons", he quips, "they are a different genus!"

Marc remembers fondly the full size rink "with boards" that was down in the ravine where Crowchild Trail (SW of Sunalta School) is now: "I spent all my winters out there. The community had a concession stand in the hall and there were lights around the rink. Kids from all around came to play there." In the summer months "we would roam around the neighbourhood on bikes".

Marc and his wife Jocelyn spent a few years away and then returned to Scarborough, purchasing the family home in 1978 and raising two children here, Jennifer and Morgan (who is now a District Chief with CFD). At that time, they also took over the operation of Mona Lisa. Despite their busy days, they spent time getting involved with community activities like baseball and kids' day. "Jocelyn was instrumental in the origin of kids' day", recalls Marc.

After 64 years in the neighbourhood, Marc and Jocelyn continue to love living here and appreciate the "feeling of community" which still remains.

SCARBORO COMMUNITY BBQ

SATURDAY, JUNE 15th
Look for more details in
the next newsletter



COMMUNITY GARDEN DAY: VOLUNTEERS NEEDED

May 25th @ 10am - Outside the Community Hall
(or May 26th if the 25th is rained out)

We are partnering with the City on cleaning up around our Scarborough Community Hall. Pruning, weeding beds and planting some heritage plants is on the agenda. Some tools and gloves will be available, but bring some extra!

Snacks and drinks will be available.
Contact: ergombos@outlook.com
with questions.





APRIL AT SCARBORO UNITED CHURCH

Laura Maloney: Church Manager

In the church calendar, Easter takes us through all of April and the first half of May, giving us time to reflect on the promise of new beginnings in our resurrection story just as Spring flowers start to emerge. If you are itching to get gardening, we invite you to connect with our Scarboro Garden Gnomes as they get started around the church. On your way by, take a book or leave one in our Little Free Library, or pop in and walk the labyrinth as a meditative practice on Thursdays between 11:30-2:30. All are welcome at our Sunday Services at 10:30 a.m. in-person and online.

New Faces Welcome:

- Get crafty with the Scarboro Stitches on Tuesdays at 10:30 a.m.
- Promise of Ageing seniors' gathering - March 16 at 1:30 p.m.
- Share travel photos and adventures for Travel Tuesdays - online, March 2 & 16 at 7:30 p.m.
- Our choir rehearses on Thursdays at 7:00 p.m. (find our weekly anthems on YouTube @ScarboroUnitedChurch)

Upcoming Events:

You are invited to a free community dinner on Friday, April 19. Doors open at 5:30 p.m. This monthly program is a partnership with the Sunalta Hub and the City of Calgary.

As a member organization of the CACG, we are thrilled to share the upcoming fundraiser: 'An Un-Commonly Good Celebration Dinner' with Guest Speaker, Dr. Deena Hinshaw, on Saturday, April 27 at Knox United. Find ticket info and all the details at www.calgarycommongood.org/events

In May we welcome Lonnie Delisle back to Scarboro for another weekend-long Gospel workshop and concert. Find all the details at scarborounited.org/the-scarboro-choir - spaces are limited.

scarborounited.org | [@scarborounited](https://twitter.com/scarborounited) | office@scarborounited.org | 403-244-1161

CALGARY BIKE SWAP

ALBERTA BIKE SWAP

MAX BELL CENTRE
KEN BRACKO Arena
1001 Barlow Trail SE
May 4, 2024

Consign 0800-1400 Buy 1430-1700 Donate 0800-1700

[albertabikeswap.ca](https://www.albertabikeswap.ca)
[@albertabikeswap](https://twitter.com/albertabikeswap)

A Presentation on:

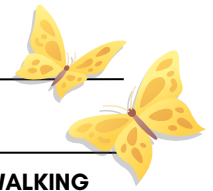
Managing Peri Menopause

with
Acupuncture & Chinese Medicine

by Dr. Regan Kapach R.Ac, TCMD
Wednesday, April 10, 7 pm
www.birdsofafeatheracu.com

Please join Dr. Regan Kapach at the Scarboro Community Hall for a complimentary 20 minute presentation on the benefits Acupuncture and Chinese Medicine can have on reducing bothersome symptoms of peri menopause. We will cover how acupuncture works, what a treatment is like, cover some helpful lifestyle and dietary adjustments women can make, plus a question and answer period to follow.

Learn more at www.birdsofafeatheracu.com or contact Dr. Kapach directly with questions via email: regan@birdsofafeatheracu.com



COMMUNITY BOARD

HOUSE FOR RENT

1 1/2 storey, 1,771 sq. ft. plus lower level. 5 bdr + 3 bath. House is located on Shelbourne Street, open and beautiful views from all windows. Availability May 1st, 2023. Short (min 3 months) and long term rental available.
Text 587-892-1470

HOUSE WANTED TO BUY

My child attends Sunalta Elementary and we would love to be a part of this community. Looking for a 3 bedroom house, preferably with the bedrooms all on one floor. Please contact Jane at (403) 923-9263, or at jane7park@gmail.com

HOUSE WANTED TO BUY

Looking to buy a house within Scarborough. Our son currently attends Sunalta School and we would like to live in this great community. Please contact Asin on (403) 464-0463 or asin_nuranie@hotmail.com

HOUSE WANTED TO BUY

In search of a house to purchase in the lovely community of Scarborough! Looking for a 3 or more bedroom, 2 or more bathroom (or similar). Please call or text Stephanie at (403) 540-6326

RENTAL WANTED

Seeking Rental Accommodation in the community. We are current Scarborough residents and responsible tenants. Please contact Michael at svms673@gmail.com

MONDAY NIGHT WORKOUT

Interested in community outdoor workouts Monday nights?
Email doeringseis@outlook.com for more information

NEW TO SCARBORO?

Want to know how Scarborough works? Want a membership? Directory? Thinking about joining dinner club? Drop us a line: hello@scarborocommunity.com And if you want to join a bookclub, contact Denyse Fair at denysefaire@gmail.com

FULL TIME NANNY: Available now

Need an extra set of hands with the children? Margie was a full time Nanny for a Scarborough Family for over 10 years and is now looking for a new family to help. She comes highly recommended and is an amazing cleaner to boot!
Call Margie at (403) 616-4648

NEIL'S HANDYMAN WORK

Have some projects around the house? Lots of experience, especially with old houses. No job too small. References from people within Scarborough that I have done work for can be provided.
Call Neil King at (403) 863-8590

FREE ITEMS

+ IKEA painted solid wood *shelving* with 2 integral drawer units. Very good condition can be put together to suit available space. In 30" increments between legs x 16" dp x 26" ht. Approx 8 segments. Easy assembly and very functional.
+ 5 wicker basket *chairs*, very comfortable and in good shape.
+ IKEA solid wood *chest of 3 drawers* for bedroom unit x 30" wide chest perfect shape
+ 3 *Area Carpets* each approx 6'x8' good condition.
Text if interested (403)998-0680

BABYSITTERS & DOG WALKING

Riley is in Grade 12 and willing to help with house and pet care, French tutoring or babysitting. First Aid, CPR & Sports Med trained.
Text 403-816-7824

Babysitting, house-sitting, pet care, shoveling and more...Carley is in grade 9, has babysitter and first aid training and is eager to help.
Text (403) 975-6001

Looking for a babysitter? Sofiia is a 14 year old Ukrainian girl that attends Mount Royal High School. She has completed the Canadian Red Cross babysitting course and Red Cross First Aid.
Email epikhina83.n@gmail.com or Call (403) 808-0526

Gabby, is a responsible student in Grade 9 at Mt Royal Junior High. She has her Red Cross Babysitters course certification, and is available for babysitting, on weekday evenings, and weekends.
Text: (587) 664-3163

Calliah is a Grade 10 student, is experienced with dogs, has her Red Cross Babysitting certificate, and is available to walk your pup or babysit. She is available weekdays mid-afternoon to evenings, and all day on weekends.
Text: (587) 889-4485

Rowan Davis, is a grade seven boy who attends Mt Royal School. He has completed the Home Alone, Babysitter and First Aid certificates. Is an AMA patroller. Plays basketball, builds lego and makes fun forts! 12 years old and ready to babysit children who are 4 years and older.
Call or text: (587) 580-8243

BOW TRAIL DENTAL

CHOOSE A \$100 GIFT CARD FOR VISITING THE DENTIST!*

EMERGENCIES: Got a tooth problem? Same day appointments and treatment often available.

CONVENIENCE: In a rush? Book your appointment online. We are open evenings and Saturdays!

DIRECT: We direct bill your insurance. Payment plans are also available.

Partners: Amazon, Uber, Uber Eats, CF SHOP! card

bowtraildental.com | 587-871-5224

*visit our website for details